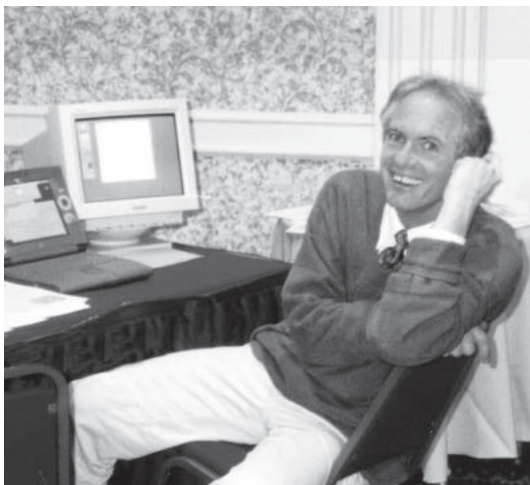


FROM ACORNS

MacRepertory was created out of passion.

In 1986 a friend lent me a computer to help me write up teaching notes for my classes at the Hahnemann College; I was using a very old non-correcting royal typewriter that was torture and she thought the computer was a vast improvement. I wasn't enthusiastic as my major at UC Berkeley had been Electrical Engineering & Computer Science and I had hated it. I felt that the computers brought a kind of cold, dead quality to everything and had sworn never to use them again. But my friend was persistent and one Thursday I brought the Macintosh home and gave it a test drive. I was stunned. There were little pictures and something called a mouse - radically different from the text only computers I knew. It was actually fun! By Sunday I was hooked and had bought my first computer.

Of course then I wanted to use the computer for homeopathy; homeopathy has the data, computers excel at illuminating data. With a bit of searching I found three homeopathic programs had been made. They all required you to type everything, had no graphics, didn't even have a repertory where you could select the rubrics. Plus none worked on a Macintosh - my new enthusiasm.



Maybe I could make my own program?!? I remembered enough of computer science to make a start but after six months realized that it was more than I could do. I had this vision of a program that had the repertory on the screen and you could just click to select rubrics. Then graphs... ah, it would have a bunch of beautiful graphs showing the results (after doing a thousand patient repertory sheets I could appreciate the program doing that tedium!) I couldn't just let go of the vision.

One day at a friend's house I ran into a programmer who I immediately liked. Clearly brilliant and enthusiastic it turned out that Mike had worked on projects that were very similar to my repertory idea. And, amazingly, he worked on the Macintosh! But of course he wanted to be paid and I had no money. The Hahnemann Clinic (Roger Morrison, Nancy Herrick, Jonathan Shore, Peggy Chipkin, Bill Gray) had seen a sample of what I envisioned and offered to lend me enough to get started. If I could sell the program to fifty people I could pay off the start-up costs and the project would be finished!



It never occurred to me that this was anything more than a one-off project. But of course it became FAR more complex. Having the repertory typed was a huge, expensive job; being abbreviations instead of words makes for challenging typing. Finally a year later we had a version that worked. There were pictures for the sections of the repertory, graphs, the remedies could instantly be hidden or shown.

The response was amazingly gratifying! Such enthusiasm! They had caught my bug and then of course everyone wanted the program to do a bit more. There were lots of growing pains as it became clear that this was more than just a small short term project. I hired people to ship the programs, answer the phones and handle the money. The next year I dove into the internet starting the world's first international network for homeopaths, Homeonet. And a year after that, realizing that analyses would be even more accurate if we could use the materia medica directly, ReferenceWorks was born.

The growth, success and demands just continued to increase - and things haven't slowed down yet.

So deepest roots of MacRepertory were a vision; the business came to support the vision. And always the vision, innovation and drive to advance homeopathy have been the heart of what we do. Our goal is not to develop a product but to develop homeopathy.

And so, perhaps as one might expect, virtually all the innovation in homeopathic programs has come through our programs. The programs were the first to allow rubric selection, use a mouse, analyze and graph results, include color, use picture for sections, offer multiple repertories, philosophy, new provings, and materia medica, accommodate custom analyses, include miasms, include families, analyze by families, analyze directly from the materia medica, display rubrics central to any family, run on both PCs and Macs and the first to utilize video.

We have succeeded - the programs have advanced homeopathy: directly by enhancing prescribing and an awareness of other possibilities and indirectly by supporting the visionary homeopaths as they leap into new territory. And that is our pledge to you: we will continue to do all that we can to support and advance homeopathy and improve your prescribing.

Of course it isn't obvious where innovation is needed or useful for homeopathy. It makes sense that we develop towards the strengths of the tool, the computer. Computers excel at doing calculations quickly and drawing conclusions from large amounts of information. Analyzing cases is a good use of the computational abilities of computers. Probably the best use of a computer for homeopathy is in noticing family patterns.

I'll share my tentative views on families in the next article.



WITH GRAINS OF

Most people associate me with the software I created, MacRepertory and ReferenceWorks, but it is the philosophy and mystery of homeopathy that is my passion and led to the programs' development. The blending of the depth, sensitivity and power of the homeopathic approach with the speed, retention and range of the computer has the potential to create a quantum leap in homeopathy. To loosely paraphrase Marshall McLuhan, the way that we work with information determines its capacity. Just as Hahnemann could not have formulated homeopathy as he did without the newly invented printing press, whatever is coming in homeopathy will rely heavily on the special abilities of the computer. In the process of creating for this new medium we have a lot to reconsider.

In that spirit I will share a bit of what I have observed and understood. I hasten to say that I have no illusions that this is Truth; it is only my current thoughts.

In 1974 I began studying homeopathy. I was fortunate enough to apprentice for some years with one of our greatest prescribers, Bill Gray, and through him was deeply exposed to George Vithoulkas. Through Bill and George we came to understand that it was possible to prescribe effectively by combining the emotional state and the generals and our case taking technique focused intensely on the psychological. One remedy was prescribed, most often in the range of 200C to 10M and carefully repeated, at the most, every few months.



In 1980 I became friends with the great Argentinian homeopath, Francisco Eizayaga. His case analysis was radically different from what I had been exposed to. Francisco believed that all patients needed to be treated at 4 levels. At the most critical level you only take into account the pathological symptoms - no mentals or generals; this prescription heals the major complaint. The second level was that of the emotions - most people have an emotional state that is the stressor that results in the disease, so the emotions need to be treated as well. At this level we take into account the fears, angers, and some generals. The third level is the inherited one and one prescribes based on the general miasmatic characteristics; this prescription softens the general approach to life (i.e. tending towards destruction, or desiring escape, etc.). And the final level prescribed to strengthen the general physical type: phosphoric, calcaric, flouric, etc. Generally he'd prescribe the pathological remedy in a 6c daily at the same time as the emotional remedy once a week and the miasmatic remedy once a month.

Francisco's prescribing was profoundly disturbing to me. Vithoulkas had taught that giving remedies solely for the pathology would result in serious suppression - only aggravated by repeated low potencies. (His stress on the dangers inherent in prescribing was reminiscent of what Kent said in Hepar "They are means of tremendous harm, as well as of tremendous good.")

It would have been easy to dismiss his approach out of hand if he weren't such a sincere man..

But rather than harm I saw that Eizayaga had many brilliant, actually amazing, cures of deep pathology and often pathology that I would have assumed was incurable he was able to palliate. It was hard to judge his prescribing as incorrect and dangerous after seeing the results and coming to respect him as a sincere, deep and thoughtful man. At the same time it was very hard to reconcile his prescribing with the philosophy of Kent and Vithoulkas.

Meanwhile I saw that suppressions did exist; it appeared that, although very rare, I did suppress my patient's symptoms (despite prescribing very infrequently and always for the deepest part of the person I could see). I remember clearing up a very chronic rash only to have the young man report 6 months later that he seemed more emotionally fragile than before.

I went to India and sat with very skillful prescribers who saw 20 people an hour and seemed to help a lot of people. It was a revelation to see that one could prescribe quickly and still do good work. Later I saw Vega Rosenberg prescribe profoundly effective remedies after only a few minutes of consultation (and sometimes prescribing -gasp - very high potencies daily!). And recently I have seen Massimo, Lou and Rajan confidently give incredibly rare remedies with deep results.

On the other hand I have seen brilliant homeopaths like Andre Seine and Richard Pitcairn mostly prescribe polychrests and consistently heal their patients. They don't seem to need to use these small remedies.

Over the years I have had the opportunity to study with dozens of the world's greatest and most experienced homeopaths. Many of whom prescribed very, very differently from one another and all seemed to have very impressive results.

How to make sense of all of this? After almost 30 years I still have no certainty but do have an outlook that works for me. I don't want to say mine is the "Truth" at all - it is just an effective working hypothesis for me. It is different from the beliefs of some of my favorite and most respected prescribers which disturbs me. We all seem to get non-harmful results and my hope is that there is not a single truth but a variety of approaches that are effective if applied in a consistent way.



Observation #1 - Close works in horseshoes and homeopathy

I no longer think our goal is to find the only single, perfect remedy for the patient; I think it is to find a very similar remedy to the patient's symptoms. The more similar the better the result. If the prescription is very close we help the person a lot. If less close, we give glancing benefit and alter the symptoms of the case perhaps even producing proving symptoms. If superficially similar but actually more distant the remedy can remove symptoms that are being used as a release and the patient will become more ill. If the prescription is far away, nothing happens.

Most people can be helped by a wide range of similar remedies - we prescribe successfully through the Law of Similars, not Exacts, and there are many similars.



Polychrests are the remedies that are most often prescribed; remedies such as Sulphur, Calcarea, Pulsatilla, Sepia, Lycopodium, Mercury, etc. These are the remedies that we know very well; the ones that appear most often in our analyses. But these are generally not the most exact remedies for the patient.

Most of us assume that remedies became "polychrests" because they are more useful than other remedies; they are "remedies of many uses"; that Pulsatilla nigricans is far more useful than its virtually unknown cousin Pulsatilla nuttalliana (Puls-n); that Lachesis is far more likely to work in a given case than Hydrophis cyanocinctus, the sea snake. We assume that enough research has been done that previous homeopaths knew which substances fit large numbers of people and which didn't; that there was a logical approach to choosing which remedies are proven and incorporated into our materia medica. But this isn't the case.

Substances became remedies because they were already used herbally or medicinally, were poisons, or were in the news. Sometimes it was because of a myth associated with them, or simply whimsy. Very very few of the millions of substances on the planet have been proven homeopathically. Given the way that substances have become remedies it is very unlikely that the patient's simillimum is in our pharmacopeia.

But here we have a piece of luck. It turns out that most people will respond well to a wide range of remedies. If we give a similar remedy (i.e. Lachesis instead of the more exact remedy, say Hydrophis) we will usually get a good response. What is most important is the similarity; the more similar, the better the response. The law of similars allows us to help many people even if we know only a couple dozen remedies.



To go into the dark with a light is to know the light. To know the dark, go dark. Go without sight, and find that the dark, too, blooms and sings, and is traveled by dark feet and dark wings.



Observation #2 - If you're in Africa it is more likely to be a zebra

One of the greatest homeopathic misconceptions is that polychrests are more likely to act than a rare remedy. This simply isn't true. Remedies aren't rare because they are ineffective; they are rare because we haven't enough experience to know how to prescribe them. There are no remedies that rarely work, only unknown remedies. Our difficulty is that we don't have a clear sense of the archetype or the main pathology of the lesser known remedies. And because we don't know them we are nervous to prescribe them and so prescribe the remedies we know.

Usually when we give a polychrest we are using it as the best known example of a constellation of symptoms or approach to life.

It is very interesting to me that Massimo finds Aqua marina as, or even more, common and useful than Natrum muriaticum and that Rajan uses Bacillinum more than Tuberculinum. Some of the most profound changes I've seen are from very rare remedies that were prescribed well.

The over prescribing of polychrests reminds me of a Sufi story where one night a friend comes upon Nasruddin searching the ground under a street light. Nasruddin explains he was trying to open his door when he dropped his key and is now trying to find it. "But your door is way over there" says the friend. "Yes," says Nasruddin, "but there's no light by the door."

Observation #3 - It pays to band together

If it is true, as I assert, that the odds are that the most similar remedy to your patient is a rare, poorly understood remedy how could we find it?

When we turn to the repertory for help we find that we are encouraged to prescribe a polychrest. This is not surprising. The polychrests are terribly, grotesquely overrepresented in the repertory (and materia medica).

For example, in Kent Sulphur is found in 8,789 rubrics, and Silica 5,470, while Hecla lava is found in only 21. However Hecla is a very useful remedy, similar to Sulphur and Silica. And since grades in the repertory are based on how many provers had the symptom rather than the closeness of the symptom to the picture of the remedy, the polychrests are also far more likely to be found in bold or italics (Sulphur has 1289 bolds, Silica 847 and Hecla 0).

This leads to very misleading analyses. For example, imagine that the ultimate, perfect Hecla lava case comes in your door. If you repertorize every one of Hecla's twenty one rubrics and you'd find that Silica, with some italics, got more points than Hecla! If you entered a couple of rubrics that Hecla has, but is not known for in the repertory, you'd see Hecla disappearing down the list of remedies.



Here we can be helped by groupings of remedies. Remedies can be grouped as a way to prescribe more accurately. The most famous homeopathic grouping is the miasms but hundreds of other useful groups are possible. A few simple examples...

The snake remedies share sensitivity to clothing around the neck, sepsis, bleeding, annual periodicity, and the sense that some is behind them, etc. You'll also tend to see duality (one-sided), forsaken, seduction and constriction. If I see that Lachesis is first in my analysis I think, "Ah, the remedy may well be a snake" as I know that no matter what snake is needed Lachesis is so well known, so common in the repertory and shares so many symptoms with other snakes that it is likely to come first.

The spiders are generally similar to *Latrodectus* and *Tarentula* with nervous system complaints, restlessness, industriousness, deep chilliness, amelioration from smoking, a need for their troubles to be noticed, etc. If I see *Tarentula* first in the analysis I always look at other spiders as well since from the repertory's rather mechanical point of view *Tarentula* is a sort of rubric-prototype for any spider.

Remedies made from seeds tend to share the symptoms of being held in, suppressed or frustrated either by choice or by external conditions and to suddenly burst out (think of *Anac.*, *Nux-v.*, *Staph.*, *Ign.*, etc.).

The sunflowers that grow in waste places where they receive much abuse are very effective in injuries (*Arn.*, *Mill.*, *Cham.*, *Bell-p.*, etc.).

A group can be based on any shared characteristics. The usefulness of the group is dependent on the importance and precision of these characteristics.

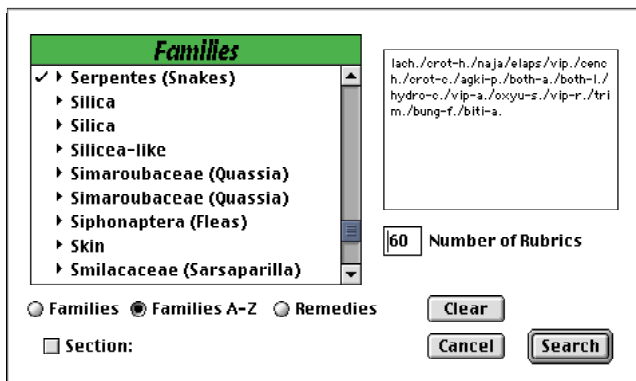
This process of moving to a model of families is the same as the direction taken by botany, allopathy, psychiatry, geology, and every other science in the early 1800's. You don't need such a system when you only work with a few items but as the number of items in your science grows a structure becomes necessary. In this way homeopathy has largely remained frozen since Hahnemann.

I believe that the next dramatic increases in the accuracy of our prescribing will come through defining and understanding groupings of remedies.

Tip #1 - Sometimes we need a little help from our friends

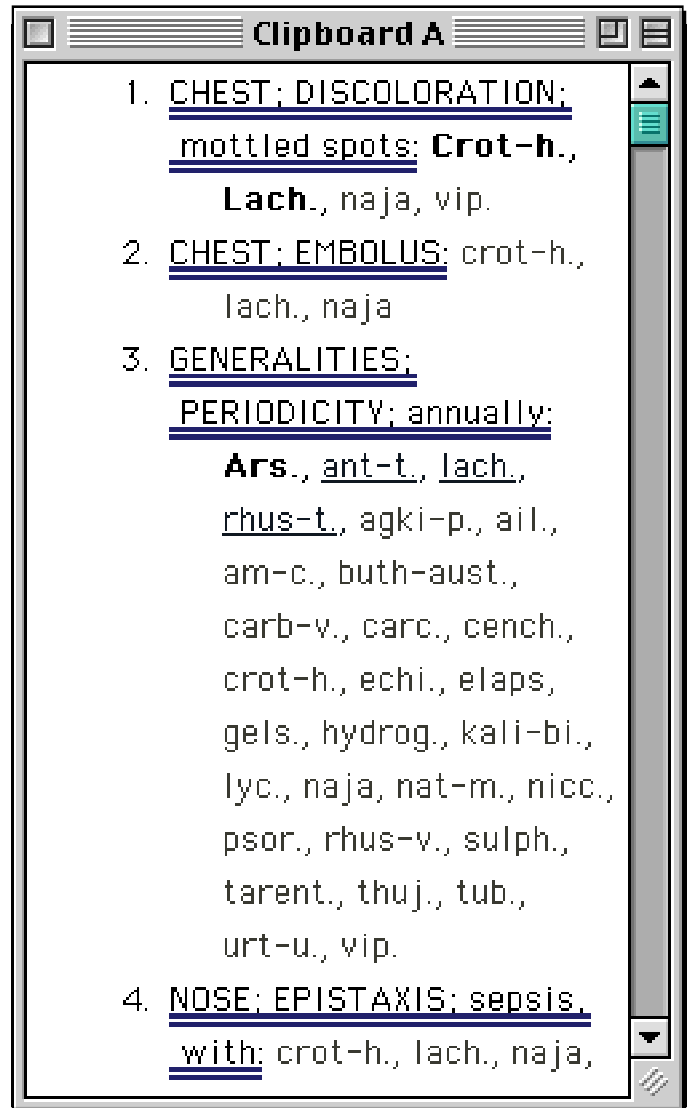
OK, you are interested in families but how can you learn more about them? First of all attend any courses by Asa Hershoff, Massimo, Rajan, Divya, Judyth and Bob Ullman, Roger Morrison, Linda Johnston, Nancy Herrick, Joel Kreisberg, Lou Klein, Todd Rowe and other enthusiasts of the family concept. Rajan mixes his set of miasms with characteristics of the natural history families. Vega, not surprisingly, creates his own unusual set of families based on pathology, natural history, approach to life, etc. Massimo groups remedies by their natural history combined with their homeopathic symptoms (i.e. he sees Zincum phosphorica as a sort of snake). At some point you have to see Asa who has probably spent more years than anyone thinking about plant families and presents the information in a wonderfully insightful and entertaining way. Joel Kreisberg's school is based on families and is one of the best places to go to learn families deeply. Lou inspiringly weaves deep patient analysis with precise family groupings. This is a rapidly exploding area and I suggest that you study with a range of teachers as everyone has something to add.

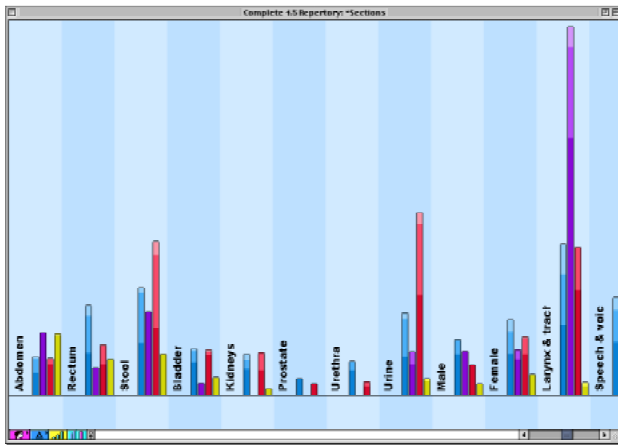
For more information about families and why we might want to use them, look at Rajan's lovely new book, "An Insight Into Plants," featured in the Book Watch section of the October 2002 issue of HeartBeat.



Tip #2 - Family Searching

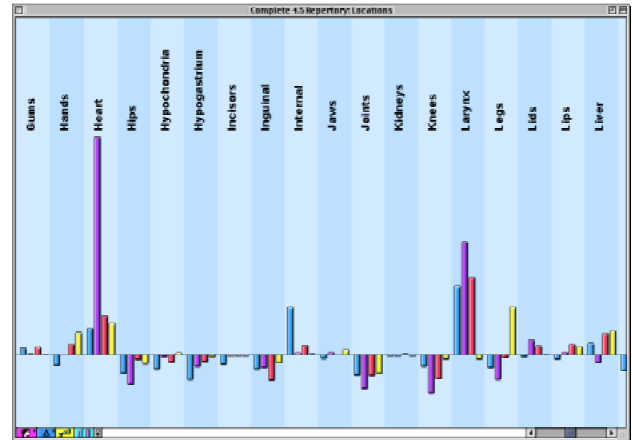
The repertory is one of the best ways to learn about families by finding rubrics that have a high percentage of remedies belonging to that family. This example is of the serpents family; see how the found rubrics are filled with snakes? (See November's Heartbeat for details about family searches.)





You can see that the snakes seem to have an affinity for the throat, larynx and stool.

Now press on the small fuschia head icon in the lower left. This is a list of different groups of words that we can compare our remedies to. Choose locations.



You can see that the serpents have an affinity to the heart, larynx, ovaries and tongue.

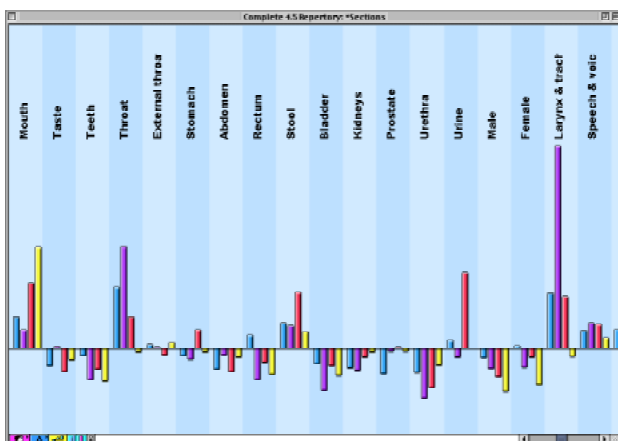
Tip #3 - Family Concept Graph

The Concept Graph can often give you a good overview of a family. You'll find a pdf that describes all of the details of the Concept Graph in your MacRepertory folder but here is a quick example of using it for families.

Select "Concepts" from the Search Menu. Type in the main members of a family; in our example, we'll use the main serpents "lach/naja/crot-h/vip". (Use slashes to separate the abbreviations.) Press search.

A graph displaying the number of rubrics each remedy has per section will appear. If you want to see which remedies are associated with the bars, press the space bar.

I like to have this graph displayed differently... Click on the grey icon in the lower left; choose "Section Names Above" and click OK. Now click on the yellow icon in the lower left. The bars now go negative when the remedy did more poorly in a section than was expected and high when it did far better than was expected.



Tip #4 - Common Sense

There is far more information about substances than just materia medica which can be useful. Pay attention to what you know about a family. Snakes are caught by grasping them around the neck. The venom of Crot-h and Crot-c is very similar; might that mean the remedies are quite similar? Snakes are a symbol of good vs evil and of consciousness; does this correspond to anything we see in the proving? Most homeopathic substances were used in ancient times; what were they used for? Etc.

This type of information can be invaluable to put proving information into a context.

Of course it is easy to over fantasize and create "air castles". One needs to stay well grounded in materia medica so as not to distort the beautiful images of the provings.

RW SEARCHING

Careful searching is at the heart of success with ReferenceWorks.

Let's take a simple example: fear of heights.
We type in "fear heights"



This search will find every phrase where "fear" is next to "heights". (Searches ignore small insignificant words such as "his", "the", "some", "of", etc.) This search finds 108 remedies.

This search will miss all of those phrases in the materia medica where a sentence lists fear of heights with other fears such as "Fear of dark, ghosts, death and heights" because the two words have three significant words between them. We can cover these situations as well by typing the number 3 between the words:



This finds 122 remedies.

Some books say "fear of high places" instead of heights so we want to include this in our search. To say "or" in a search you type a slash. In other words "fear 3 height/high" says "fear within 3 significant words of height or high".

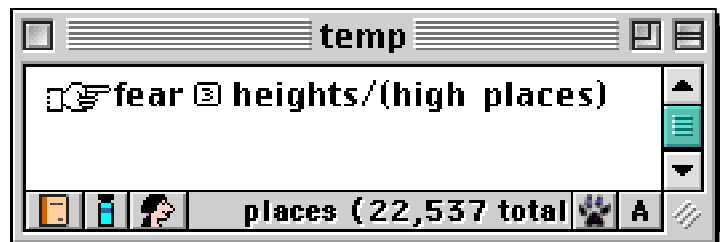
Now we find 158 remedies.

If we look at the results of this search we see a few references that are incorrect, for example we see in Aconite "High fever, trembling, fear of death or of the dark, often fright, threatened miscarriage, suppression of the menses; the aftereffects of fright when the fear remains." This has nothing to do with fear of heights but it is correct in that our two words are separated by no more than three significant words.

How could we do a tighter search? The actual phrase we want to find is "fear of high places" so let's include "places". A search for "fear 3 height/high places" looks for "fear within 3 words of height or high next to places".



Now we find 49 remedies. Hmm, something went wrong - this is too few references! Somehow we lost all of the references to "fear of heights". If we look closely at what we searched for we see that our search really says "find all references to "fear of high places" - that's good - or "fear of heights places" - that's the problem. Our search requires the word places to be found in every reference - even those to related to "heights". The way to fix this is to use parentheses to link "high" and "places" as a single subphrase.



Ah much better - this finds 146 remedies.

There is another word used for fear of heights that we should probably include: agoraphobia. In this case we want to actually search for two phrases. Press shift/return to get a second phrase and type "agoraphobia".



This results in 169 remedies and we've covered this symptom well. Compare this to the 19 remedies in the Complete Millennium; there are almost 10 times more in ReferenceWorks.

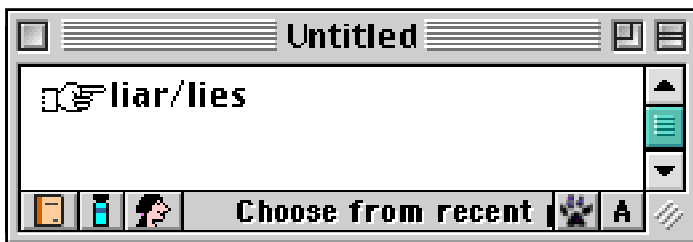
If you want to include this search as a rubric in MacRepertory press command/e (Macintosh) or control/e (Windows), switch to MacRepertory, open a Rubrics' Clipboard and paste!

Example 2 - Limits

Let's try a harder search...

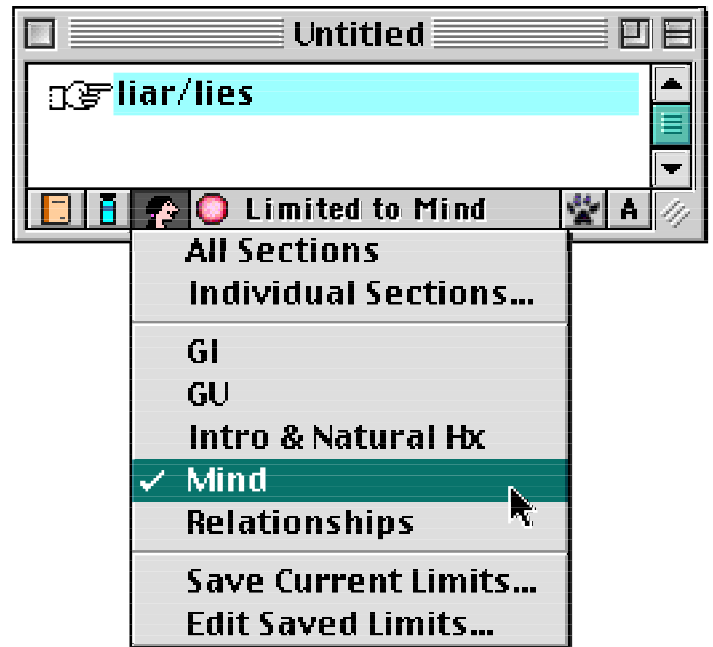
If we search for "liar" we find 56 remedies. That's pretty good but if we look through the references we see nearly all of these are from the Complete Repertory. There must be more mentioned in the materia medica, but where?

We usually associate similar words that mean the same thing, i.e. if you search for "menses" you'll automatically find "menstrual," "menstruation," etc. However in the case of "liar" we didn't connect it with "lies" because the word "lies" is mostly used to mean lying down.



If we search for "liar/lies" we find 745 remedies - the vast majority of these have nothing to do with being a liar; they refer to lying down. How to get rid of this second sort of lying? One way would be to only search in the mind section of the books.

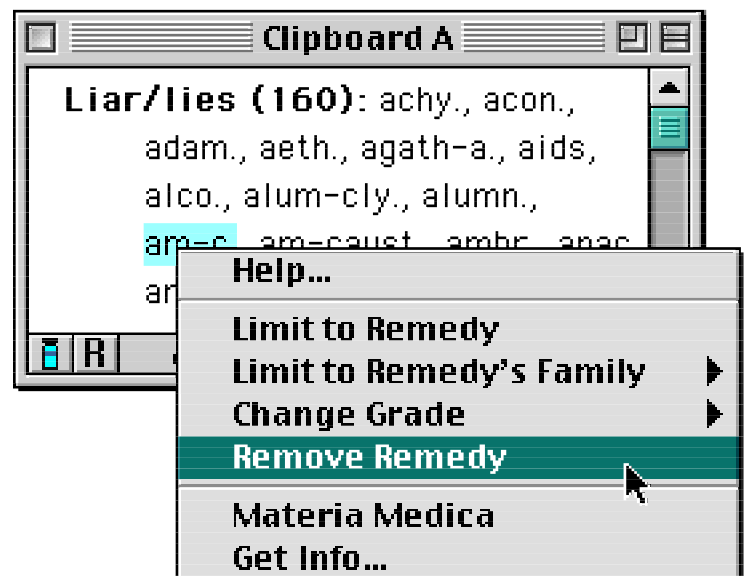
To do this press on the small icon of a head at the lower left of the window. Select the Mind section. Now the search will only be in the mind sections.



You can tell that the search is limited by the small red stop sign next to the section icon. The search now has shrunk dramatically to 160 remedies.

Still there are many, many references that don't relate to liars. I can't think of any way to shrink this unfortunately. One thing we can do is to physically remove all of the remedies that don't apply.

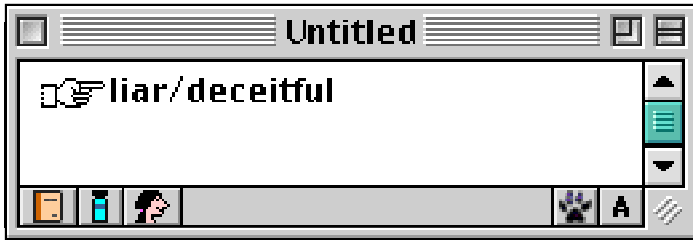
To remove a remedy from the search rubric, open the Rubrics' Clipboard, show all remedies (in the Rubrics menu). The remedy Am-c. shouldn't be in the rubric. On a Macintosh hold down the control key as you click on the remedy abbreviation; a popdown menu will appear; in Windows right click on the remedy abbreviation.



Select "Remove Remedy" and the remedy will be stripped out of the rubric. You could do this for all of the false-positive remedies.

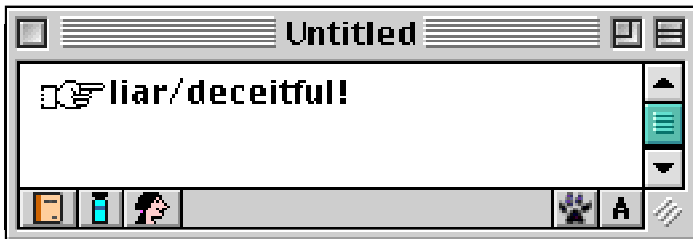
Example 3 - Exact Words

Or what is probably a better idea is to use another word with "liar" and forget "lies". How about "deceitful"?



This search finds 197 remedies but when we look at the results we see that there are many references to "deception" and "deceive" that often do not refer to being deceitful.

In this case we want to search for the exact word "deceitful"; to do that we put an exclamation point after the word. (An exclamation point says "use only this exact word".)



This finds 112 remedies and almost all references are correct!

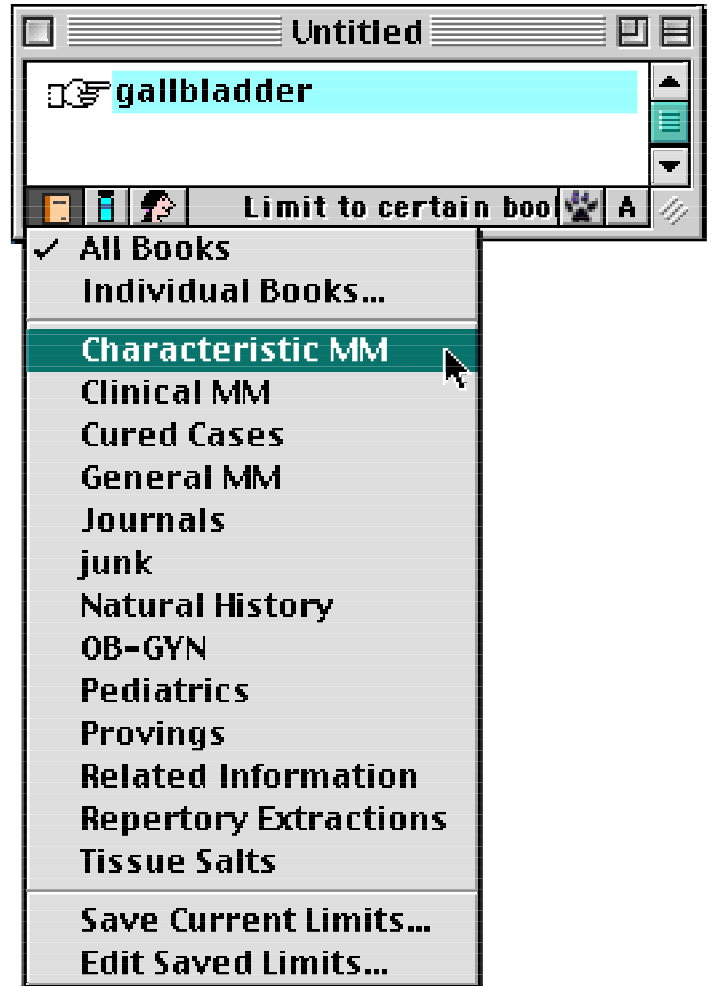
Example 4 - Characteristic Sx

Suppose you have a patient whose problems center around the gallbladder. Not only the physical but the emotional symptoms are classic for gallbladder so you want to see what remedies especially focus on this organ.

If you search for "gallbladder" you find 155 remedies; every remedy that could have gallbladder symptoms, but not necessarily those whose focus is the gallbladder.

A great way to do this is to only search those books that give the central features of the remedies; if these books mention the gallbladder chances are it is a central feature of the remedy. These books include Boericke, Phatak, Morrison, Mangialavori, Boger, Vermeulen and some others.

Press on the small icon of the book in the lower left of the window. The menu under this icon limits the search to particular books. Select "Characteristic MM".



This search collects remedies that are tightly associated with gallbladder ailments.

Gallbladder (24): bapt., **Berb.**, card-m., chel., **Chin.**, coloc., dios., ferr-s., gels., iris, lach., lept., mag., mag-m., mag-n., mag-sil., merl., myric., nat-s., nitro., podo., rob., stach., staph.

If you want to see (or change!) the books I placed in the "Characteristic MM" group, click on Individual Books.

COMPANY NEWS

GREAT NEWS ABOUT TRAINING!

MacOSX Version Update

We know that many of you are anxiously awaiting the release of OSX friendly programs. Our programmers are working as fast as possible to rework the programs so that can be used with OSX. This latest operating system from Macintosh has proven to be a serious challenge for software programmers all over the world. The complexity of the undertaking is huge and we are giving it our full attention. As soon as we have a more firm completion date, we will let you know. Thank you so much for your patience!

New - Shipment Confirmation!

Hooray! We are pleased to announce that any time you order from KHA, you will now receive an e-mailed confirmation the date it was shipped. We have heard from many of you how you have longed for this convenience and are happy to be able to offer this little bit of piece of mind. Your confirmation e-mail will contain the shipping date, method and tracking number so you have all the information needed to follow up on your order.

Interested in Being a Part of KHA?

From time to time, we have openings for various jobs here at KHA, in San Rafael. We always endeavor to employ people within the homeopathic community who have some extra time and who would love to be a part of our team. If you are interested in working with us, possibly in sales, tech, outreach or product development, please drop Shannon an e-mail at khamngr@igc.org. Let her know your skills, interest and availability and she will let you know if anything is available at the time or keep you in mind for future openings.

Your Feedback is Always Welcome

Please feel free to send us your thoughts on anything and everything! Let us know your suggestions about our programs or customer service, your concerns, your praise, anything! We want you to know that your comments will be heard and we will do everything we can to incorporate your input, wherever possible.

Free, Unlimited Training for the first 6 months after your software purchase! WOW!

For years, we have offered our customers 1 hour of free, one-on-one training per program purchased and now we are happy to announce that you may have as many trainings as you need during the first 6 months after your purchase! We want you to know your programs inside and out and hope that this increased availability of training will help you achieve that.

We are currently in the process of creating visual training media, too, so that you may learn your programs at your own pace. As soon as these videos and DVD's are available, we will let you know, so stay tuned!

The trainings are intended to help you understand the features of our programs, from the most basic to the most advanced. One of the benefits of our one-on-one trainings is that you can learn at your own pace and if you get stuck, our trainers can take the time to help you through your confusion, without having to keep to a tight agenda, as you would find in a larger, group setting. So make sure to install your software right after receiving it, and take advantage of every moment of the 6 month period to become skilled. To get the most out of our training, you should have a good understanding of basic computer skills. If you need help in that department, then we highly recommend that you self-educate before getting started, as our trainers are not available to teach you basic computer skills. There are a wide variety of ways to obtain these basic skills, from books to videos and from classes to personal tutors.

For more information about the new training availability, call us at 1-877-937-5368 or drop us an email at kha@igc.org. Our sales team will be happy to go over the details with you.

POLITICS

More news on the California health freedom bill, SB577.

SB577 became effective on January 1, 2003. After years of hard work and a huge financial output by the California Health Freedom Coalition, homeopaths in California are able to take another great step forward towards the more legitimate practice of homeopathy with clear definitions and distinct standards.

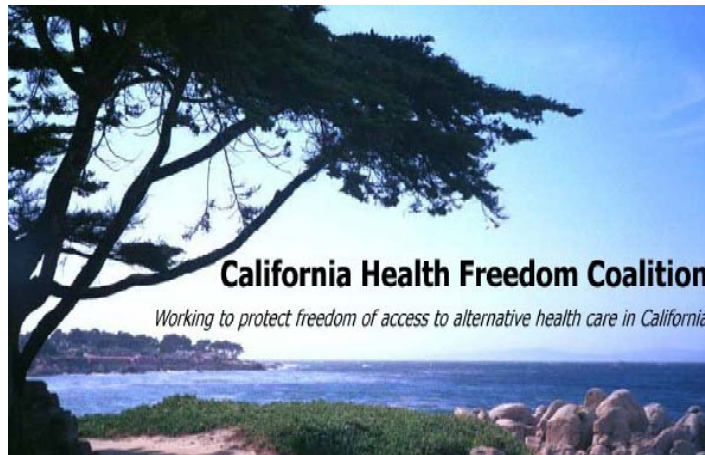
Now that the bill has passed, homeopaths are required to provide a written disclosure statement for all of their patients. A signed copy of this statement must be kept on file for at least 3 years and a copy must also be given to the patient.

The practitioner's disclosure must meet at least the following requirements:

- A) That he/she is not a licensed physician
- B) That the treatment is alternative/complimentary to healing arts services licensed by the state
- C) That the services to be provided are not licensed by the state
- D) Explain the nature of the services to be provided
- E) Explain the theory of treatment upon which the services are based
- F) Describe his/her education, training, experience or other qualifications regarding the services to be provided

For more detailed information and to obtain sample copies of disclosure forms prepared by legal advisors of the organization that sponsored the bill, please go to the California Health Freedom Coalition at www.californiahealthfreedom.org. General information is available at no charge, but for detailed information and for the sample forms, they ask that you contribute between \$75 - \$150 to help them cover the debt incurred in the passing of this bill.

The success of this new law will rely heavily upon our ability to practice with professionalism, to know the boundaries of the law and to know our responsibilities for upholding it. Please don't hesitate to find out as much information as possible about this law so you can help ensure it's success.



The implications of this bill for the rest of the country cannot be underestimated. It is part of a movement in healing that began in Minnesota a few years ago that is changing the face of health care.

Freedom of access and freedom of development of alternative therapies is of vital importance to the well being of the whole country, individually and collectively.

Please support our bill and the organization by donating whatever you can.

It will help us tremendously and help protect the practice of homeopathy in California and throughout the United States.

Checks can be made to the California Health Freedom Coalition and sent to 655 Homer Ave, Suite C, Palo Alto, Ca 94301. USA.

Thank you for your support.

BOOK WATCH

PLANT FAMILIES

Rajan Sankaran's new book, *An Insight Into Plants*, has finally been released. This 2 volume, 992 page set of books is a landmark work - the first major work to differentiate plant families.

For eight years the concepts of grouping minerals have spread and been used with success but finding a similar grouping of plants has been far more elusive. This book is the first published in-depth breakthrough in this area.

It is an astounding work. Rajan gives clear themes for each family and backs them up using cured cases from his own and many others' practices. The effect on the reader is profound. For example, you quickly realize why you'd give *Millefolium* or *Bellis* for an accident where before you would have given *Arnica*. You'll understand the themes that link *Aconite*, *Pulsatilla*, *Helleborus* and *Ranunculus*. I felt that suddenly I could effectively use twice as many remedies as I could before.

Once you understand each family, Rajan goes on to break the families into his grouping of nine miasms. This two dimensional approach leads one to very interesting remedies.

It will be clearer if I give an example: You have a patient with a focus on trauma from accidents - either her's or members of her family. She explains how she has to be "tough," put on "a brave front" and "maintain control" even though underneath she was "broken apart," "ready to faint or vomit". This suggests the sunflower family.

Then she describes that she is strikingly fastidious and compulsively orderly. She was always at the top of her class and does things the best she can. This suggests the cancer miasm.

The sunflower in the cancer miasm is *Bellis*. Reading *Bellis* we find a great description of her main complaint, irregular menses. After the remedy the menses improved, her moods changed and the compulsive behaviour disappeared.

Rajan reviews his nine miasms and brings new thinking and experience into the "old" as well as the new miasms (typhoid, malaria, leprosy, ringworm, and the "acute" miasm).

The proof of the pudding is in the eating. Roger Morrison, Nancy Herrick, Linda Johnson, Jonathan Shore, Bill Gray, Bob & Judyth Reichenberg-Ullman and many others have been using these theories for the last two years after they were presented at Rajan's extended advanced course in Esalen. All report that they have profoundly improved their rate and depth of success.

This book can be used to great advantage in tandem with the family graphs of ReferenceWorks. We recommend it very highly.



EDUCATION

RICHARD PITCAIRN, DVM

Continuing education is vital for homeopaths; the therapy is too deep and the advances in theory and materia medica too rapid and extensive for anyone to be able to sit on their laurels.

Each issue of Heartbeat we'll introduce you to the world's greatest homeopathic teachers who use MacRepertory and ReferenceWorks in their courses. These courses will be very useful to you as you'll learn not only what to do to improve your prescribing but exactly **how** to do it using your software.

This issue features Richard Pitcairn. Richard teaches a post-graduate course for veterinarians



Here's what Richard says about teaching with MacRepertory and ReferenceWorks:

I use both Macrepertory and Referenceworks in teaching. I will present a case during class and include in the discussion a graph of the analysis I did using the custom analysis and graph that I prefer for my work. I find the most satisfactory way of analysis is to emphasize both totality, the grading points, and also the number of rubrics. Using carefully selected characteristic symptoms, but a limited number, I can bring up the remedies that have the most similarity to the top of the analysis graph. By combining the number grading with remedy frequency in the selected symptoms, both aspects are emphasized. So I teach this approach using Macrepertory and having the ability to customize the analysis and subsequent graphs is a very useful tool. Another helpful function is the ability to search through multiple repertories. If there is a symptom that I want to emphasize I can search out every mention of it in the repertories that I prefer, these being the Complete, Boenninghausen, Allen's & Knerr's.

Referenceworks comes in as a way to find unusual symptoms. I do not find it as fast as Macrepertory in working up a case but it is deeper and more extensive in the information obtained. There may be an odd animal symptom in a case and the repertory either does not mention it or the rubric found is very limited. So I can go to Referenceworks and search for possible words and bring up other medicines for consideration. I especially appreciate how fast the search is. When I have completed a useful search then I transfer the remedies as a rubric to use in Macrepertory, a very handy feature.

Macrepertory & Referenceworks are nicely integrated so I can search the latter from within Macrepertory, following a rubric into materia medica. Alternatively, I can use the material found in RW back in Macrepertory, so a useful complementation.

RICHARD PITCAIRN'S COURSE INFORMATION



The post-graduate course that I have for veterinarians consists of 5 sessions, each session lasting 4 days of class time. During that class we cover the principles of homeopathy, materia medica, use of the repertory and how to understand the distinction between curative, palliative and suppressive responses to remedies. The emphasis is on homeopathy as taught by Hahnemann and Kent and there is much coverage of clinical application and interpretation of cases as they progress through treatment.

Between each class there is a homework assignment which includes case evaluations, personal experience with cases that are brought to class for discussion and evaluation, reading assignment in Kent's Lectures in Homeopathic Philosophy, and materia medica study.

The next course starts March 27, 2003 and is located in Boulder, Colorado. Subsequent sessions are May 15, July 24, September 25 and the last session on November 20 in Santa Fe, New Mexico. Interested veterinarians can contact Animal Natural Health Center at (541) 342-7665 or (888) 290-8454 toll free. Further information and a downloadable brochure is available at www.drpitcairn.com. Also listed there are veterinarians that are available for homeopathic consultation.

We have about 350 veterinarians that have been through this training now & also a national organization, The Academy of Veterinary Homeopathy which represents veterinarians that practice homeopathy. We just finished our annual conference with wonderful cases presented, very heartening to see how well homeopathy can be used in animal treatment.

The AVH can be accessed at www.theavh.org.

ROAD SHOWS

Each Road Show is geared to the audience. We guarantee that these focused, features-based seminars will give you skills and tips that will improve the way you study and practice homeopathy.

The morning session gently gets you up to speed with navigating around the programs and reviews the basic features. You'll learn how to save patient charts, find your way around the repertories and materia medica, understand the graphs and analyses and perform basic searches.

In the afternoon we cover more advanced searching and analysis features as well as creative studying techniques. You'll understand how to find families, design a new analysis strategy and find elusive and hidden symptoms. Much of the afternoon focuses on using the new releases effectively.



USA 2003

Contact: khaconnect@igc.org or 1-877-YES-KENT for details or to sign up

Novato, CA - David & Linda Warkentin
Friday, February 7 (before Alistair Gray's seminar)

The Novato Oaks Inn, (The Redwood Room)
215 Alameda del Prado, Novato, CA
Call (415) 883-4400 for directions

Boulder, CO - Gene Sullivan
Friday, February 7 (before CICH class weekend)

The Guild for Structural Integration
In the Upstairs Room
3107 28th St., Boulder, CO

Philadelphia, PA - David Warkentin (?)
Friday, April 11 (before NCH Annual conference)

Hyatt Regency at Penn's Landing
201 S. Christopher Columbus Blvd., Philadelphia, PA
Call (215) 928-1234 for directions

*More Road Shows are added all the time!
Please call us to inquire about events in your area. (And yes, we are working on dates for the Chicago area! We appreciate your patience.)*

TENTATIVE USA 2003

Berkeley, CA - David & Linda Warkentin
Friday, March 21 (before Roger Van
Zandvoort's seminar)

San Francisco, CA - David & Linda Warkentin
Friday, May 9 (before PAH's class with Anne
Schadde)

Berkeley, CA
Thursday, Sept 18 (before Frans Vermeulen
seminar)

Location TBA
Thursday, Sept 18 (before AIH's Conference)

Phoenix, AZ
Friday, Oct 17 (before NCH Phoenix Confer-
ence)

Fort Lauderdale, FL
Friday, Oct 24 (before NASH Conference)

CANADIAN 2003

For Information and Registration, contact Terra
Homeopathy in Canada
terra@ca.inter.net or call 1-800-994-3199

Vancouver, BC
Tuesday, April 15

Vancouver, BC
Tuesday, September 9

UPCOMING EVENTS

In this section we list a variety of great seminars. The ones that I have found the most helpful in the last few years are those that organize the remedies into some sort of groups. In this way I am able to quickly exclude a bunch of remedies and focus much more clearly on the remedies that really make sense. For example, recognizing a case as being very syphilitic enables me to move away from Calcarea and Pulsatilla even if a simple analysis of the symptoms point to them.

Alistair Gray

January 31-February 2, 2003

Boulder, Colorado

Colorado Institute for Classical
Homeopathy

Contact: William Wallick at (303) 440-3717

Email: info@homeopathyschool.org

A. U. Ramakrishnan

February 1-2, 2003

Tempe, Arizona

Obstetrics & Gynecology

Contact: Sybil Ihrig at (858) 676-7960

Email: kaphananda@aol.com

Jeff Baker

February 8-10, 2003

California

The Maui Academy of Homeopathy

Contact: Jeff Baker at (808) 572-2229

Email: sjbaker@t-link.net

Richard Plant

February 8, 2003

Phoenix, Arizona

Review for the Council for Homeopathic Certification

Exam – A one day review course for the CHC Exam

Contact: Nancy Tichenor at (480) 610-0821

Jeremy Sherr

February 19, 2003

Boston, MA

Live Patient Teaching Clinic

Contact: Teresa Bland at (978) 575-0049

Email: tblandhomeopath@earthlink.net

Todd Rowe

February 21, 2003

Phoenix, Arizona

Live Patient Teaching Clinic

Contact: Todd or Thelma Rowe at (602) 347-7950

Email: weteachhomeopathy.com

Sadhna Thakkar

February 21-23, 2003

Boston, Massachusetts

Advanced Clinical Management Course

Contact: Tracey Arnold at (805) 496-0940

Email: homeopathycourse@earthlink.net

Richard Moskowitz, M.D.

February 22-23, 2003

Orlando, Florida

16th Annual Conference, Florida Homeopathic
Medical Society

Contact: Kitty at (407) 616-6454 or Pam at (407) 628-
9708

Email: jeanhoagland@atlantic.net

Alize Timmerman

February 23-March 1, 2003

Punta Leona, Costa Rica

C4 Potency Workshop

Contact: Toronto Homeopathics, Carolyn Ramos
(416) 604-0017

Email: caramos@sympatico.ca

Jeremy Sherr

February 28-March 3, 2003

Denver, Colorado

Dynamis School for Advanced Homeopathic Studies

Contact: Josette Polzella (Fax) 845-734-9347

Email: jpolzell@bestweb.net

16th Annual HANP Case Conference

March 7-9, 2003

Vancouver, British Columbia

The Art & Science of Homeopathy

Contact: Dr. Kelly Fitzpatrick at 503-235-6589

Asa Hershoff

March 8-9, 2003

Boston, Massachusetts

Conium, Cicuta, Aethusa and other Umbels

Contact: Begabati Lennihan at 617-547-8500

Email: info@teleosis.org

Roger van Zandvoort ***

March 22-23, 2003

Berkeley, California

Repertory Made Simple - The Methodology of Reper-
torization

Contact: (877) 850-5078

Seminars@homeopathywest.com

<http://www.homeopathywest.com>

A. U. Ramakrishnan

March 29-30, 2003

New York City, NY

Homeopathic Approach to Cancer

Contact: draur@vsnl.com

Mail to: Dr. A. U. Ramakrishnan

C/O Mr. Victor Zurbel

120 East 34th Street, Apt. 5K

New York, New York 10016

Nancy Herrick & Roger Morrison

April 11, 2003

Philadelphia, Pennsylvania

Re-Understanding the Sycotic Miasm

Contact: NCH at 703-548-7790

Email: info@homeopathic.org

Frans Vermeulen, Rudolph Ballentine & Others

April 11-13, 2003

Philadelphia, Pennsylvania

Transformational Medicine

Contact: NCH at 703-548-7790

Email: info@homeopathic.org

Frans Vermeulen

April 14-15, 2003

Philadelphia, Pennsylvania

Materia Medica of Major Nutrients and Trace Ele-
ments

Contact: NCH at 703-548-7790

Email: info@homeopathic.org

Jonathan Shore

April 25-27, 2003

Point Richmond, California

Remedies from the Bird Realm

Contact: (510) 232-2079

hahnemann@igc.apc.org

Massimo Mangialavori

April 27-May 3, 2003

Stillwater, Massachusetts

Knowledge, Seduction and Forsakeness: Snake &
Zincum Remedies

Contact: Betty Wood at 978-635-0605

Email: bwood@igc.org

Anne Schadde

May 2-4, 2003

Boulder, Colorado

Colorado Institute for Classical Homeopathy

Contact: Barbara Seideneck at 303-440-3717

Email: info@homeopathyschool.org

Misha Norland & Janet Snowdon

May 7-13, 2003

Devon, United Kingdom

7-Day Clinical Workshop

Contact: Betsy Levine at 203-624-8783

Email: betsy@homeopathyschool.com

Sadhna Thakkar & Others

May 17-18, 2003

Santa Monica, California

California Homeopathic Medical Society Annual
Conference

Contact: Richard E. Hiltner at 805-646-1495

Email: rhiltner@sbcglobal.net

Jude Wills-Hunt

May 23-25, 2003

Denver, Colorado

Spirituality in Homeopathic Practice

Contact: Betsy Levine at 203-624-8783

Email: betsy@homeopathyschool.com

Jude Wills-Hunt

May 30-June 1, 2003

Milwaukee, Wisconsin

Spirituality in Homeopathic Practice

Contact: Betsy Levine at 203-624-8783

Email: betsy@homeopathyschool.com

Eileen Naumann

June 28-29, 2003

Berkeley, California

Doctrine of Signatures - The Natural World as a
Native American Sees It.

Contact: (877) 850-5078

Email: seminars@homeopathywest.com

www.homeopathywest.com

Misha Norland

July 11-13, 2003

Boston, Massachusetts

(Only Norland seminar in the US in 2003)

Contact: Betsy Levine at 203-624-8783

Email: betsy@homeopathyschool.com

Misha Norland

July 18-20, 2003

Calgary, Alberta

(Only Norland seminar in Canada in 2003)

Contact: Christine Jambrosic at 905-780-9885

Email: christine@homeopathyschool.com

Divya Chhabra

August 10-15, 2003

Sevenoaks Pathwork Center, Madison, Virginia

Advanced Homeopathic Seminar

Lisa@whnow.com

Joel Kreisberg

September 12, 2003

Boston, Massachusetts

Teleosis Professional Program

Contact: Begabati Lennihan at 617-547-8500

Email: info@teleosis.org

Frans Vermuelen

September 19-21, 2003

Berkeley, California

Lilies, Artemesias, Fungi – Introduction to Family
Thinking

Contact: (877) 850-5078

Email: seminars@homeopathywes.com

<http://homeopathywest.com>

Misha Norland & Janet Snowdon

September 24-30, 2003

Toronto, Ontario

7-Day Clinical Workshop

Contact: Christine Jambrosic at 905-780-9885

Email: christine@homeopathyschool.com

Rajan Sankaran

September 26 - October 5, 2003

Esalen, CA

Contact: mfairbanks@igc.org

Janet Snowdon

October 3-5, 2003

San Francisco, California

Contact: Betsy Levine at 203-624-8783

Email: betsy@homeopathyschool.com

Jeremy Sherr

October 18-20, 2003

Phoenix, Arizona

Arizona Homeopathic Conference

Contact: Nancy Tichenor at (480) 610-0821

NASH Annual Conference

October 25-26, 2003

Fort Lauderdale, Florida

Contact: (206) 720-7000

Email: nashinfo@aol.com

VAN ZANDVOORT

"Beyond Kent"

Revealing The Treasures Of The Repertories

Seminar Presented by HomeopathyWest

1442A Walnut Street #138, Berkeley, CA,
94709

1-877-850-5078 or e-mail
seminars@homeopathywest.com

March 22, 23, 2003 in Tiburon, California

Roger van Zandvoort has researched the world of the repertory for the last twenty years. He has written four versions of the Complete as well as the Millennium. In this extraordinary seminar, he will review the development of the repertories, discussing their strengths and weaknesses. Van Zandvoort is convinced that we are not using our repertories to their fullest potential. Since Kent wrote his repertory, we have lost connection with the more original methodologies, among which was the method Boenninghausen used in his masterful Therapeutic Handbook. Hahnemann himself collaborated with Boenninghausen on this first repertory and it remained the repertory of choice for many of the early homeopaths. Using cured cases from the homeopathic literature, van Zandvoort will demonstrate the use of these older repertory methods. He will introduce his new Repertorium Universalis, which departs radically from previous editions both in structure and in remedy grading system. The structural changes are a result of combining the Kent method, with its great value in the accuracy of its connection to exact proving symptoms, and the method of Boenninghausen. These two methods of repertorizing are not antithetical; rather they confirm and complement each other. This combination gives us a stronger repertory structure that will greatly increase our level of prescription accuracy and also deepen our comprehension of remedies.

Van Zandvoort will teach this new methodology of the Repertorium Universalis, which can be applied using our existing repertories. He is an exciting speaker with a great deal of passion on this fascinating subject matter. Space is limited so sign up now!

Tiburon, California

March 22, 23, 2003

\$275.00

Early Bird and Student discount is \$225.00 (if paid before Feb. 1, 2003)

Cancellation fee is \$50 before March 1. No refunds after March 1.